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### **Buprenorphine:** Keeping Up with the Changing Landscape of Office Based Opioid Treatment

### May 1, 2019 October 9, 2019

George S. Dively Conference Center 11240 Bellflower Rd., Cleveland, Ohio



# **Buprenorphine**

### Who Should Attend?

This special update course is for Buprenorphine certified physicians or Clinic-Office Managers who seek to enhance their ability to effectively, efficiently and safely prescribe buprenorphine while minimizing abuse and limiting liability.

### Statement of Need

Primary care physicians, mental health and addiction treatment providers who prescribe buprenorphine, are faced with the unique clinical challenge of providing daily doses of an opioid to patients with addictive disease.

- There are challenging clinical issues involved: stabilization v. maintenance doses; treating opiate addicted patients who have concomitant chronic intractable pain; treating opiate addicted patients with co-morbid depressive or anxiety disorders or sleep disturbances; and management of opiate medication side-effects are just a few examples.
- 2. There are unique ethical issues involved: patient safety v. minimization of disruption to patient daily life and the obligation to the individual patient v. the obligation to the community well-being.
- 3. There are unique Patient-Doctor and Patient-Treatment Program issues: staff splitting by patients; appropriately supervising toxicology testing while maintaining dignity; patient confidentiality concerns v. the need to have data from other providers regarding patient stability; and issues about dose adjustment, level of supervision and documentation.
- 4. There are rapidly changing expectations and concerns from regulatory agencies that must be understood and integrated into an evolving standard of care, and documented during increasingly frequent site visits and chart audits.

It is for these reasons that faculty from the CWRU School of Medicine Addiction Psychiatry and Addiction Medicine Fellowship Programs has developed this special buprenorphine update.

### **Participant Learning Objectives**

After attending this course, participants will be able to:

- Describe the pharmacologic profiles of buprenorphine, other opioids, benzodiazepines, THC and psychostimulants with regards to their interaction with the addiction prone brain.
- Identify screening and assessment strategies for anxiety / depression / chronic pain / insomnia and approaches to effectively address these in the context of buprenorphine prescribing.
- Employ techniques relating to minimizing the diversion of buprenorphine.
- Discuss risk management, office documentation and best practice guidelines for buprenorphine prescribing as well as evolving and emerging State and Federal requirements.

### **Educational Design and Methodology**

The course combines lectures, participative discussions, case studies and a personal case-based reflective essay.

## A G E N D A

### Wednesday

7:30-8:00 am	Registration and Continental Breakfast		
8:00-8:45 am	Overview of the Drug Addicted Brain Theodore V. Parran, Jr., MD		
8:45-9:30 am	Federal Law (Data 2000) and Medical Board Rules Regarding Buprenorphine OBOT Theodore V. Parran, Jr., MD		
9:30-10:15 am	Emerging Pharmacology of Buprenorphine Bruce Merkin, MD		
10:15-10:30 am	Break		
10:30-11:00 am	Buprenorphine Delivery Systems Bruce Merkin, MD		
11:00-11:30 am	Getting Started with Prescribing Buprenorphine Theodore V. Parran, Jr., MD		
11:30-12:15 pm	Maintaining Medical Documentation in OBOT Sybil Marsh, MD, MA		
12:15-12:30 pm	Lunch		
12:30-1:15 pm	Difficult Conversations When Providing OBOT Theodore V. Parran, Jr., MD		
1:15-2:15 pm	Diagnosis and Management of Anxiety in the OBOT Patient Michael Carlisle, DO		
2:15-2:45 pm	Buprenorphine, Chronic Pain and a Patient with Opioid Use Theodore V. Parran, Jr., MD		
2:45-3:00 pm	Break		
3:00-3:30 pm	Minimizing Diversion When Prescribing Buprenorphine Theodore V. Parran, Jr., MD		
3:30-4:00 pm	Approaches to Tapering Theodore V. Parran, Jr., MD		
4:00-4:45 pm	Case Studies in OBOT		
4:45 pm	Adjourn		

## FACULTY

*Course-Director* **Theodore V. Parran, Jr., MD** Carter and Isabel Wong Professor of Medical Education Case Western Reserve University School of Medicine

Michael Carlisle, DO Psychiatrist **Sybil K. Marsh, MD, MA** Associate Professor of Family Medicine Case Western Reserve University School of Medicine

**Bruce Merkin, MD** Meridian Community Care The Center For Integrative Health

### Accreditation

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of **8.0** *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ABIM MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### Location and Hotel Accommodations

The course will be held at the George S. Dively Conference Center, 11240 Bellflower Rd., Cleveland, Ohio. For detailed information on location and hotel accommodations visit our website.

### For More Information

Call Case Western Reserve University, Continuing Medical Education Program, phone (216) 983-1239 or (800) 274-8263 or visit our website.

### REGISTRATION

#### **Registration Information**

The registration fee for this course is \$200. Fees include tuition, educational materials, breakfast, lunch, breaks and parking. An administrative fee of \$50 will be deducted from fees for cancellations made after April 24 (for May course) or October 2 (for October course).

All requests for refunds must be made in writing. Course size is limited to 40.

#### Four Ways to Register

- 1. Register online at http://case.edu/medicine/cme/
- Mail this completed form with a check payable to Case Western Reserve University for \$200 or complete the credit card information and send to: Continuing Medical Education Program 10524 Euclid Avenue Cleveland, Ohio 44106-6026
- 3. Fax this form with your credit card number to (216) 844-8133
- 4. Phone (216) 983-1239 or (800) 274-8263 with the information requested below and your credit card number.

<b>Registration Form</b>		Buprenorph	nine		
May 1, 2019 October 9, 2019					
Name			Degree		
Gender	Specialty				
Address					
City		State	Zip		
SSN (last 4 digits) E-mail					
Phone					
In case of emergency _					
Dietary restrictions?			□ I will need parking		
Make checks payable for \$200 to: <i>Case Western Reserve University</i> or complete credit card information.					
□ MasterCard	🗆 Visa	Discover			
Credit card #			Expiration date		
Signature			Date		
Happenings in Cleveland					

Cleveland Orchestra www.clevelandorchestra.com

Cleveland Museum of Art www.clevelandart.org

Playhouse Square Center www.playhousesquare.org

Cleveland Play House www.clevelandplayhouse.com Rock and Roll Hall of Fame and Museum www.rockhall.com

Great Lakes Science Center www.greatscience.com

Jack Cleveland Casino www.jackentertainment.com

Or for more Cleveland activities visit Destination Cleveland at www.thisiscleveland.com